

# Is there that much *power* in a little white pill?

HOMEOPATHY is a 200-year-old system of alternative medicine that was developed to take advantage of the body's natural tendency to correct imbalances and to adapt to the world around us.

## *Can homeopathy help?*

HOMEOPATHIC MEDICINE, which is used extensively in Europe and Asia, uses small amounts of specially prepared substances called *remedies* to initiate the healing process. There are now dozens of scientific studies that support the use of homeopathy in a variety of conditions.

FUNCTIONAL PROBLEMS such as asthma, depression, pain, allergy, digestive diseases, immune suppression, and related conditions respond best to homeopathy. Surgical/structural diseases may respond partially, or homeopathy improve the outcome when used in conjunction with surgical care. Even cancer, AIDS, and genetic diseases can be helped with homeopathy, and may be used in conjunction with traditional medical therapies.

CONSULTATION is extensive, and may take up to 90 minutes. Your visit may include a physical examination, so wear comfortable clothing. Lists of medication and supplements are helpful. In fact, with supplements you might want to bring in the actual bottles (ingredients vary among thousands of products). Laboratory testing and/or x-rays may be ordered, but generally is not necessary.

*Any condition may benefit from homeopathic therapy.*

*‘What’s  
wrong with  
me?’*

When life stresses act upon us, our systems react. Homeopathy is a medical system that helps your system correct its responses to the world. Symptoms are no more than maladaptive reactions to life stress. Such stresses include toxins, drugs, trauma, bacteria, viruses, and even emotional events. Homeopathic medicine tries to “trigger” the system into fixing itself, and allowing for normal, healing responses, instead of sick, maladaptive ones. Homeopathy is especially suited to unique, troublesome, and difficult-to-diagnose problems, because it relies upon how each individual person expresses disease.

Call today to discuss your concerns:  
717.761.6902

Email: [doerflerspatients@verizon.net](mailto:doerflerspatients@verizon.net)  
Or visit me on the Web at  
[www.altmedresearch.us](http://www.altmedresearch.us)

## Curriculum & Certifications

- Doctor of Philosophy, Nursing, Duquesne University, 2010  
Specialization: Psychneuroimmunology.
- Board Certified, Classical Homeopathy, Council for Homeopathic Certification, 2006
- Board Certified, HIV/AIDS Medicine by the Academy of HIV Medicine, 2004-2008
- Board Certified, Adult Primary Care by the American Nurses Credentialing Center, 1996
- Master of Science in Nursing, University of Pennsylvania, 1996
- BS, Nursing, York College, 1994
- Pennsylvania-licensed Certified Registered Nurse Practitioner
- Medicare Participating Provider

Nurse Practitioners are advanced practice nurses, educationally equipped to diagnose disease and medically manage health problems. In Pennsylvania, NPs work in consultation with licensed physicians. Learn more about Dr. Doerfler at:

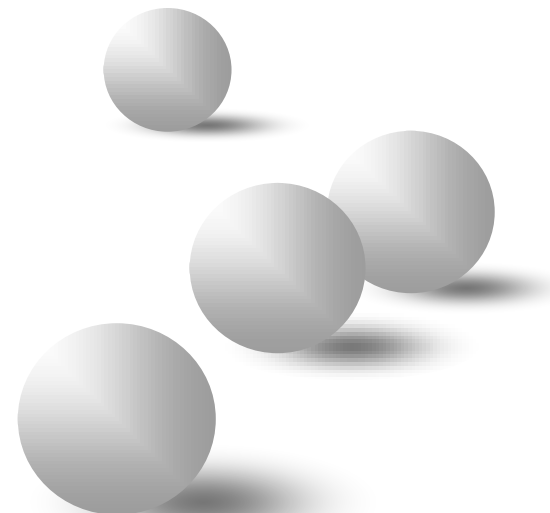
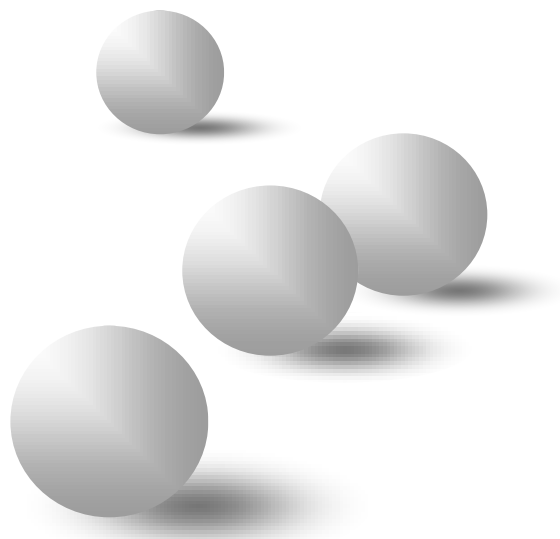
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—including research interests, areas of continuing study and articles on alternative therapies, health, and wellness.

“I have been in practice for 10 years as a homeopath, nearly 20 years as a nurse and nurse practitioner. There are ways of understanding illness and our adaptation to the world around us that follow rules...

“Modern medicine is breaking those rules.”

“We need to do something about that.”



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